

*Fun for all ages!*



# Autumn HARVEST

## 5K & 1 MILE FUN RUN

to benefit "New Hope Shelter, Waynesboro"

*Sunday, September 21 / 3:00 P.M.*

Sponsored by:  
**Five Forks Church**

### Shippensburg Township Park

304 Britton Rd, Shippensburg PA 17257



Registration \$25 for runners & walkers

Same day registration \$35

**Free 1-mile fun run at 2:30 P.M.**



Awards will be presented:

Top 2 in each age group  
male & female



**T-shirt** included with your 5K registration if  
you register by **September 3, 2025.**



Join the fun-- this event  
will be held rain or shine!



**Race Day registration & bib pickup begins at 1:30 p.m.**

**Contact Sherri Flohr: flohrsherri@gmail.com or (717) 762-2991**