




# 12<sup>th</sup> Annual Race, Run, Ride & Ramble On the Cumberland Valley Rail-Trail



**SATURDAY APRIL 21, 2018 - SHIPPENSBURG, PA**

## 10 Mile Race

**Time:** 1 pm   




- Point to point course starting at the Newville trailhead and finishing at Fort Street
- Transportation provided from the Fort Street Trailhead to Newville for the first 250 entries

### Awards

Top 3 overall male & female  
Top 2 masters male & female  
Top 2 age group male & female  
(19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over)

*Free  
Lunch*

## 5K Run/Walk

**Time:** 11 am   



**USATF Certification Pending.**

- Out and back starting and finishing at the at the Fort Street Trailhead

### Awards



Top 3 overall male & female  
Top 2 masters male & female  
Top 2 age group male & female  
(12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over)

## 20 Mile Bike Ride

**Time:** 10:45 am  

- Out and back starting at the at the Fort Street Trailhead



## 10 Mile Ramble

**Time:** 10 am  

- Point to point hike starting at the at the Fort Street Trailhead
- Transportation provided from Newville back to the park.

*Live  
Music*

## 1 Mile Fun Run/Walk

**Time:** 1 pm  

- Free\* for kids 1 to 100.
- Out and back on form the at the Fort Street Trailhead
- All finishers 12 & under receive a Ribbon

\*Does not include t-shirt or lunch. Available for extra charge.

## BrewFest

**Time:** 12:30 pm - 5 pm

- Beer, music, food
- Discounted entry with R4 entry
- Hosted by the Shippensburg Historical Society

***T-shirt and Lunch included • Tech shirt upgrade available***  
***Registration must be received by April 7 to guarantee a t-shirt***

***Early mail registration ends April 7. Early registration prices available online until April 20***

Registration for all events will be at the Fort Street Trailhead starting at 9 am.  
Transportation for the 10 Mile will be provided for the first 250 entries and leave Fort Street at **11:40, 12:00 & 12:20**. Return transportation for the ramble will leave Newville at 1 pm.

### ***Rain or Shine***

All proceeds benefit the Cumberland Valley Rail-to-Trails Council (CVRTC) a 501(c)(3) non-profit corporation  
For more information or to volunteer contact: **Garret Stahlman • 717.300.1337 • race@cvrtc.org**



