

# Quiet Valley Rooster Run



Saturday, July 9, 2022

Quiet Valley Living  
Historical Farm  
Stroudsburg, PA

## 5k Trail Run

### 5k Race / Walk

Time: 9:00 AM   

- Chip timed
- Custom made pottery awards
- Race starts at 9 am with awards ceremony at 10 am
- **Awards** : Top male & female,  
Top masters male & female  
Top 2 age group male & female  
(12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over)

### Covid Precautions?

We are hopeful that this race can be run in a normal manner by mid-July, but we will follow any guidelines that PA or the CDC have in place on the day of the race. This may include wearing masks, social distancing and limiting crowd size. We reserve the right to change to a social distanced start held in waves if necessary.

Tour the Quiet Valley Living Historical Farm property over hill and dale, past the farm ponds, pastures, apple orchards, historical buildings and through a covered bridge. Course has varying surfaces including grass, dirt, gravel and paved roads.

**Register online and view results at [www.TimberHillTiming.com](http://www.TimberHillTiming.com)**

**Registration must be received by June 26 to be guaranteed a t-shirt**

*Early mail registration ends June 26. Early registration prices available online until July 8*

Registration will occur at Quiet Valley starting at 7:30 am. • **Rain or Shine**

**Proceeds benefit the Quiet Valley Living Historical Farm, a 501(c)(3) non-profit corporation**

For more information or to volunteer contact: **Sue Oiler • 717.860.6104 •**

**[QVRoosterRun@timberhilltiming.com](mailto:QVRoosterRun@timberhilltiming.com)**

**Directions to the Start:** 343 Quiet Valley Road, Stroudsburg, PA, 18360 - *From the East:* I80 West to Exit 304 onto Route 209/33 South. Right at Shafer's School House Road. 1 block, turn left on Business Route 209 South, ½ mile, turn left on Hickory Valley Road (just past Sunoco Station) and follow blue & white signs for 1 ½ miles.

*From the west:* I80 East to Exit 302A onto Route 33. Use **SECOND** Snyder'sville Exit. Left on Manor Drive. Go to end of road, about 2 1/2 miles. Follow Blue & White Signs.



